

DETECTION METHODS FOR FAECAL CONTAMINATION EVENTS: THE GAP FOR AUSTRALIA

TRENDS IN PATHOGEN DETECTION AND RECENT DEVELOPMENTS IN THE FIELD OF PATHOGENIC BACTERIA DETECTION

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ABSTRACT

Testing for the detection of human faecal indicator bacteria upon beaches and other bathing waters occurs routinely across Europe and the United States.

Australia does not, as yet, carry out this sampling protocol. With the prospect of inevitable population growth and influx of tourists to recreational water bodies, testing could become a requirement to prevent the outbreak of respiratory and/or potentially fatal gastrointestinal illnesses. Current *Escherichia coli* detection methods are typically laborious, laboratory-based methods requiring up to 48 hours before the results are obtained.

This is clearly insufficient, and researchers have recently geared efforts towards the development of rapid methods. The advent of new technologies, in the form of sensors, has brought about promising approaches. This review not only offers an overview of the trends in pathogen detection but also describes the current main techniques and traditional methods along with

recent developments in the field of pathogenic bacteria detection.

INTRODUCTION

The detection of faecal contamination in natural waters is essential to the users of these water bodies. Faecal contamination occurs from wildlife, domestic animals, stock and human sources which can lead to the outbreak of waterborne diseases such as gastroenteritis or respiratory infections caused by pathogenic microorganisms.¹

The population groups at greatest risk from serious health complications from these waterborne diseases are the very young, the elderly and the immunocompromised.¹⁻³ The range of faecal matter-derived microorganisms found in water bodies is diverse and includes both pathogenic and non-pathogenic organisms. Waterborne indicator organisms and their significance to human health are listed by the National Health and Medical Research Council (NHMRC) Table 1.⁴

Generally, it is the bacterial species (Table 1) that are used as water quality indicators, and according to Till⁵, there

are three reasons to index bacterial indicators to health risks: (1) bacterial indicators are present most of the time in many water bodies, (2) enumeration of indicator organisms is much cheaper than pathogenic enumeration, and (3) a relationship between the health risk and the particular indicator concentration has been established.

While numerous studies are conducted using viral detection methods, bacterial indicators are frequently examined using methods including: culturing techniques, genomics and proteomics.^{7, 8} Of the numerous bacterial coliforms, *E. coli* is described as a specific indicator for faecal contamination as some coliforms are not faecal in origin. Improved methods for the detection of *E. coli* also allow for increased specificity.⁹ Where sanitary risk is of concern, *E. coli* is an appropriate indicator for contaminated waters because it is the most abundant of the coliform group in mammalian faeces.¹⁰⁻¹² Janezic et al.¹³ and Garcia-Armisen et al.¹⁴ state that *E. coli* is the preferred faecal indicator organism as it is always linked to faecal contamination from homoeothermic animals.

Table 1. Table 1. Waterborne microorganisms of faecal origin and their significance to human health, where organisms, health significance and relative infectivity have been listed.

Indicator Organisms	Health Significance	Relative Infectivity
Campylobacter sp.	High	Moderate
Clostridium perfringens spores	Nil – indicator only	Low
Escherichia coli	High ⁵ , mostly indicators	High (for non-indicator strains)
Intestinal enterococci	Nil – indicator only	Low
Salmonella spp.	High	Low
Shigella spp.	High	Moderate
Adenoviruses	High	High
Coxsackie	High	High
Hepatitis A	High	High
Hepatitis B	High	High
Noroviruses	High	High
Rotaviruses	High	High
Cryptosporidium parvum oocysts	High	High
Cryptosporidium hominis oocysts	High	High
Entamoeba histolytica	High	High
Giardia lamblia cysts	High	High

Conventional detection methods are most commonly used despite the long turnaround times, owing to their high selectivity and high sensitivity responses. Biosensors have the potential to shorten these turnaround times between the sample uptake and results. The future development of biosensors for faecal contamination will be in reaching sensitivity and selectivity comparable to conventional methods at a fraction of the cost.

DETECTION OF BACTERIA

Pathogenic detection is an area of growing importance, primarily for health and safety reasons. A web of science search consisting of over 25,000 papers indicates the following areas to be relevant to pathogenic organism detection (Figure 1).

The main areas of pathogenic detection research have been categorised in the following areas: defence and security (1%), food safety (11%), clinical (8%), water and environmental (59%), and new and emerging other (21%). Bacterial indicators of water quality have routinely been used since the late 1800s when water contamination was linked to illness and high infant mortality rates, particularly in low socio-economic areas.^{9, 15}

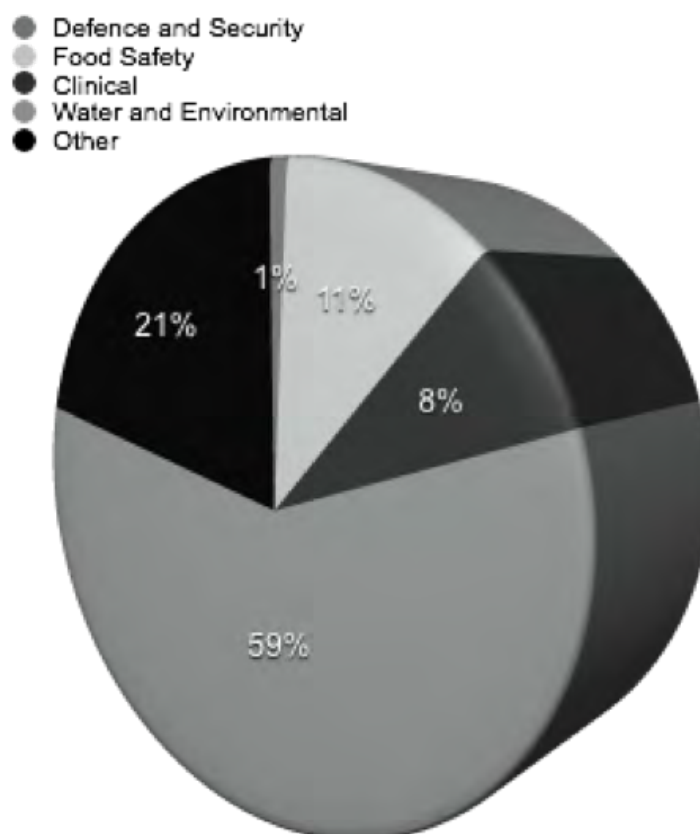


Figure 1. Pathogenic detection search results from 2010 using ScienceDirect distribution by industry and application.

Current methodologies for bacterial detection vary greatly from growth on media to molecular techniques. Gene sequencing through amplification using polymerase chain reactions (PCR) and the use of many chemical properties such as chromogenic, fluorogenic or enzymatic reactions supplement current methodologies.

Media-Based Growth Methods

The earliest forms of bacterial detection were performed using solid gelatin media to establish visible colonies.⁹ Litmus lactose agar was alternatively used by sanitary bacteriologists.

In the litmus lactose agar detection method, the acid produced in the digestion of lactose changes the pH and therefore the colour of the agar, and is used as a diagnostic test for enumeration of *E. Coli*. This process is known as the Wurtz method.⁹

Culturing on media is time consuming; sample collection, laboratory-based serial dilutions and an additional 24-hour time frame for growth in no way provides the rapid determination of the presence of faecal coliform contamination required for the notification of the public for use of natural waters.¹⁶

Multiple Tube Fermenting and Membrane Filtration

Multiple Tube Fermenting (MTF) techniques have been used for over 90

years for the detection of bacteria. On its own, MTF is a slow process, taking 48 hours for a presumptive reaction relying on gas or acid production or growth, plus a possible further 48 hours if subculturing is required.¹⁷

Membrane filtration (MF) is the process of passing a water sample through an ultra-fine filter (0.45 µm) to trap bacterial cells. The filter is then placed in growth/detection media, agar or broth, and relies on either visible colonies or the detection of fluorogenic or chromogenic active enzyme markers.¹⁸ Studies describe this technique as time consuming, producing results that are difficult to interpret¹⁹ with a long time required for incubation. The detection of both slow growing and viable but non-culturable organisms (VBNC) is also limited.¹⁷

MTF and MF based on the detection of B-GUD activity has been approved by the United States Environmental Protection Agency (US EPA)¹⁴ and is widely used in the analysis of samples for water quality testing in both North America and Europe.¹⁰

Proteomics and Genomics

One of the most rapidly advancing areas of coliform detection lies in molecular detection. Molecular detection techniques are based on 1) proteomics - the study of proteins, 2) genomics - the study of genetic material contained in deoxyribonucleic acid (DNA), and 3) transcriptomics

- the study of the complete set of ribonucleic acids (RNAs).²⁰

Falling into this category is PCR, a method of amplifying or copying a particular region of DNA.²¹ This is an established area of microbe detection that has been extensively studied (Table 2), however the best type of genetic material to use, DNA or RNA, is debatable, as is the target gene. A number of studies use different genes for detection, with some of the common sequences used displayed in Table 2.

PCR is a high-cost *in vitro* laboratory technique which requires a skilled technician to operate the specialist equipment. The PCR method lacks the ability to differentiate between viable and non-viable cells.^{19, 20} Brescia *et al.*²⁶ indicate that treating samples with photoactive vital dyes (propidium monoazide (PMA) or ethidium monoazide (EMA)) that penetrate non-viable cells will prevent amplification of non-viable cell DNA, thus circumventing this differentiation issue.²⁶

Fluorescence In-Situ Hybridisation

Another recent advancement in molecular detection was from the 1980s called fluorescence in-situ hybridisation (FISH). FISH is a non-PCR molecular method to identify microorganisms by either DNA or RNA using specific probes built from and complementing the target nucleic acid sequences.²⁷ Lopez-Roldan *et al.*²⁵

Table 2. Some common genes found in *E. coli* targeted in PCR

Gene	Coding for	Reference
uidA	B-glucuronidase	Kong, Mak ²² Horakova, Mlejnkova ²³ Min and Baeumner ¹⁹
gadA/B	Glutamate decarboxylase	Min and Baeumner ¹⁹
eaeA	Virulence	Janezic, Ferry ¹³
rfbE	Lipopolysaccharide	Jothikumar, Narayanan ³
sfmD	Putative outer membrane export protein	McLain, Rock ²⁴
lacZ	B-galactosidase	Rompré, Servais ¹⁷ Horakova, Mlejnkova ²³
lacY	Lactose permease	Horakova, Mlejnkova ²³
cyd	Cytochrome bd	Horakova, Mlejnkova ²³
stx ¹ & stx ²	Shigatoxin	Janezic, Ferry ¹³
eaeA	Initimin	Janezic, Ferry ¹³
hlyA	Enterohemolysin	Janezic, Ferry ¹³

Table 3. Some of the biochemical properties and identification tests for *Escherichia coli*

Test	<i>E. coli</i> reaction	ETEC/ EPEC	EIEC	% isolates with same reaction as <i>E. coli</i>
Gram staining	-	-	-	99
EMB	BCMS	n.d.	n.d.	99
Lactose fermentation	+	+	V	90
Motility	+	n.d.	n.d.	n.d.
Indole	+	+	V	75
Methyl red	+	+	+	75
Voges-Proskauer	-	-	-	60
Citrate	-	-	-	80
B-Glucuronidase	+	+	+	n.d.

state that FISH with rRNA (ribosomal ribonucleic acid) targeted probes is the most common, non-PCR molecular technique currently used. Potential drawbacks with the FISH method are the complex sample preparation, multiple sample processing stages and limitations when used in the detection of nutrient starved cells.^{25, 17}

Immunological

Immunological detection methods for *E. coli* use specific antibody/antigen recognition with either polyclonal or monoclonal antibodies depending upon the specificity of the target organism.^{17, 28}

An advantage of this method is that VBNC organisms are still detected, these are important because these non-culturable bacteria do not grow colonies, but may still be pathogenic.²⁹

Immunological antigen-antibody techniques have also been used with enzyme-linked immunosorbent based assays (ELISA), however, results have shown this method to lack sensitivity, and a pre-cultivation of the sample is required to boost the cell count, which takes 24 hours.¹⁷ ELISA is a useful technique, though due to the low sensitivity without a culture stage, use for rapid *in situ* detection of waterborne coliforms is limited.

Biochemical Properties Detection

The most rapid detection of specific bacteria species comes from the biochemical properties of the

organism itself. β -D-glucuronidase, along with the β -D-galactosidase (BGAL), enzymes involved in the breakdown of carbohydrates, are frequently used in conjunction with other techniques for *E. coli* detection.

During the development of methods of detection for waterborne microorganisms, many biochemical properties are utilised in detection and identification of bacterial species. Table 3 shows common tests using biochemical properties of *E. coli*.

The tests shown in Table 3 include stains that react with particular bacterial cell walls, pH indicator dyes, enzymatic reactions and measures of motility.

Another biochemical test involves analysing for adenosine triphosphate (ATP), a molecule found in the cells of all living organisms, used in cellular metabolism. To measure microbial content of a water sample, the ATP is released into the sample by lysing the cells in the solution. ATP reacts with the catalyst luciferase, breaking down the ATP molecule to release a photon of light.²⁵ This process is only an indicator of bacterial load, and gives no information of the particular species present, so could be useful in preliminary water quality testing.

Light production produced by cleaving of a high energy compound by a specific enzyme is known as chemiluminescence.⁴

1,2-dioxetane compounds produce chemiluminescence by reaction with BGAL and BGUD, and are useful for *E. coli* detection. This reaction provides analytical results in less than an hour and results in a detection limit of between 100 and 1000 *E. coli* cells per 100 mL. A sensitivity detection limit in this range does not provide suitable sensitivity for water for human consumption, nor for recreational waters.⁴

Enzyme Detection

Chromogenic enzyme substrates are a culture media containing enzyme substrates associated with a chromogen, a colour changing reaction.²⁵ A common enzyme substrate used with *E. coli* is ortho-nitrophenyl- β -D-galactopyranoside (ONPG). As the *E. coli* colonies grow, the use of their enzyme B-GAL in the metabolism of ONPG, changes the colour of the substrate colourless to yellow.²⁵ Chlorophenol red- β -galactopyranoside (CPRG) is also a B-GAL chromogenic enzyme substrate producing a yellow to red-magenta indicator result.^{30, 31}

Chromogenic substrates detecting B-GUD include: p-nitrophenyl- β -D-glucuronide (PNPG) which produces a yellow indicator and 5-bromo-4-chloro-3-indoyl- β -D-glucuronide (XGLU) producing a blue indicator.³⁰

One issue with the use of chromogenic enzyme substrates as indicated in literature is the effect phenolic compounds have on enzyme based substrates.

The above listed chromogenic enzyme substrates (ONPG, CPRG, PNPG and XGLU) are all phenolic compounds.³⁰

Phenols can appear in natural waterways from sources including pesticides, wood preservatives, dyes and from industrial processes such as petroleum refining, pulp processing and leather tanning.³⁰

Fluorogenic enzyme substrates are non-fluorescent substrates which when reacted with certain enzymes produce fluorescent products. These in turn can identify organisms containing the specific enzyme present.¹⁰ The most frequently used substrate in the detection of BGUD is 4-methyl-umbelliferone- β -D-glucuronide (MUG).^{17, 19, 32, 33}

Unfortunately, for non-fluorescent detection methods *E. coli* is not the only microorganism to produce BGUD. Others include: some *Shigella* and *Salmonella* strains, *Yersinia*, *Flavobacterium* species, *Bacteriodes* species, *Staphylococcus* species, *Streptococcus* species and *Clostridium* species.^{32, 34-36}

Several fresh and marine water algal species also express BGUD activity, which may provide false-positive results particularly if algal blooms are present.³² To reduce the number of false-positive indications from non-target bacteria, the media will contain inhibitors. These inhibitors will hinder the growth of gram-positive bacteria and may include the BGAL enzyme substrate to further eliminate specific BGUD positive species such as *Shigella* and *Salmonella*.³⁷

CONCLUSION

Extensive research into microbial detection as a water quality indicator is evident. It is also clear that the time required for traditional culture methods, at 24 to 48 hours, is not acceptable for rapid assessment of faecal contamination in recreational waters for human health and safety.

Using genomic and biochemical characteristics of *E. coli* to provide a rapid detection method is an important research topic requiring further investigation. Additionally, it is important to have a detection system which is both portable and affordable. In comparison to North America and Europe, Australia generally has very good water quality with routine testing not performed as extensively.

However, with the expected expansion of population growth and increases in volume and relative ease of tourism, natural water bodies are becoming more popular with bathers.

Routine testing for faecal contamination will become necessary throughout Australia. Current genomic approaches involve numerous detection methods, all requiring extended amplification times and costly laboratory equipment, as well as skilled personnel to operate them. Exploring the opportunities enzyme assays present, in order to provide cheap rapid results, would be opportune.

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